



SANT BABA BHAG SINGH UNIVERSITY

Vill. Khiala, P.O. Padhlana, Distt. Jalandhar - 144 030 (PB.)

Recognized by UGC under Section 2(f) of UGC Act, 1956.


Ref. No. SBBSU/LET/2026/21

Dated 18/01/2026

Social and Emotional Learning (SEL)

The institute emphasizes Social and Emotional Learning (SEL) as an integral part of holistic education, aiming to develop self-awareness, empathy, interpersonal skills, and responsible decision-making among students.




Dr. Jagdeep Kaur
(Director/ Principal)